

# Training Programme (essential elements) Clinical Practical Year (CPY) at Medical University of Vienna, Austria

### CPY-Tertial C

# Anaesthesiology and Intensive Care Medicine

Valid from academic year 2015/16

Responsible for the content

Dr. med.univ. Dorothea Andel, MLS

In collaboration with

Dr.med.univ. Reinhard Hahn

This training programme applies to the subject of "Anaesthesiology and Intensive Care Medicine" within CPY tertial C "Electives". If "Anaesthesiology and Intensive Medicine" are being taken within the compulsory CPY tertial B "Surgery and Perioperative Disciplines", in addition to the learning objectives in CPY tertial B, the learning objectives listed in this training programme under Point 3 can be added as optional learning objectives in the logbook for the compulsory CPY tertial B.

The training programmes for the elective subjects in CPY tertial C are each designed for a duration of 8 weeks. If the subject in CPY tertial C is being completed over a period of 16 weeks, the specified content shall be treated in greater depth.

# 3. Learning objectives (competences)

In their previous years of study the students have acquired both theoretical knowledge as well as some practical skills, which they have practised during their internships in role play situations and to some extent also on patients. The aim of the CPY training is to deepen their knowledge of these skills with direct involvement of patients.

The following skills must be acquired or deepened in the subject of "Anaesthesiology and Intensive Care Medicine" during the CPY.

### 3.1 Competences to be achieved (mandatory)

### A) History taking

- 1. History taking, particularly taking account of previous anaesthesia procedures
- 2. Taking an anaesthesia-related family history
- 3. Identification of possible risk factors for surgery / anaesthesia and further clarification where necessary
- 4. Medication history, taking into account side effects and interactions with the planned anaesthesia procedure

# B) Performance of examination techniques

- 5. General clinical examination including general neurological assessment
- 6. Assessment of an ECG and emergency ECG
- 7. Assessment of vital functions (body temperature, respiration, blood pressure)
- 8. Assessment and appraisal of the respiratory tract in connection with a planned intubation
- 9. Participation in the selection of a suitable anaesthesia procedure
- 10. Assessment of perioperative volume and electrolyte management
- 11. Participation in the selection of an alternative airway management system
- 12. Identification of extubation criteria
- 13. Interpretation of findings: arterial blood gas analysis, osmolarity, colloid osmotic pressure, electrolytes in the perioperative/ICU setting
- 14. Assessment and discussion of radiological findings in a clinical context
- 15. Identification of drug side effects and their treatment
- 16. Crossmatching (compatibility testing)

### C) Performance of routine skills and procedures

- 17. Positioning a permanent peripheral venous cannula
- 18. Positioning a gastric tube
- 19. Positioning a bladder catheter in a man/woman
- 20. Removal of a thoracic drain
- 21. Participation in the positioning of a central venous catheter
- 22. Proper handling of central venous catheters
- 23. Preparation and administration of infusions (crystalloid and colloid)
- 24. Performance of suitable hygiene measures at the workplace

- 25. Positioning an arterial cannula
- 26. Participation in the performance of advanced invasive and semi-invasive measures for the monitoring of vital parameters and their interpretation
- 27. Adjusting a respirator
- 28. Monitoring of the correct positioning of patients in the operating room and ICU
- 29. Performance of mask ventilation
- 30. Performance of a laryngoscopy
- 31. Basic life support: simulation
- 32. Operating a defibrillator: simulation
- 33. Performance of patient safety measures (sign-in/time-out/sign-out)
- 34. Registering a patient for an instrumental examination (including reasons)
- 35. Requesting a consultation with a specialist (including reasons)

# D) Therapeutic measures

- 36. Prescribing measures in treatment of pain, palliative and end-of-life care
- 37. Identifying and determining of the indication for oxygen therapy (timing)
- 38. Prescribing therapy for post-operative nausea
- 39. Participation in treatment with vasopressors and catecholamines
- 40. Participation in the treatment of post-operative bleeding and determining the indication for the administration of blood products, as well as their correct use
- 41. Participation in the stabilisation of severely/critically ill patients
- 42. Accompanying the transport of casualties / intensive care patients
- 43. Participation in treatment with antibiotics

### E) Communication with patients/team

- 44. Providing information to patients and relatives in an ethically correct and professional manner in compliance with legal requirements and ensuring that the information has been understood
- 45. Communicating with "difficult" patients
- 46. Breaking bad news to patients and family (in compliance with legal requirements): simulation
- 47. Explaining to patients about an intervention or planned anaesthesia procedure
- 48. Informing colleagues and medical personnel, ensuring that the information has been understood
- 49. Formulating instructions for nursing staff
- 50. Working in a multidisciplinary team

### F) Documentation

- 51. Documenting the anaesthesia procedure in the operating room and in the ICU either in a patient data management system or with the aid of an anaesthesia log/intensive care data sheet
- 52. Writing a referral for an instrumental investigation/request for a specialist consultation
- 53. Information request in hospital information system

## 3.2 Optional competences

In addition to the competences that are mandatory to achieve, further competences from the following list may also be acquired.

- 1. Advanced haemodynamic monitoring:
  - 1.1. Functional principles: pulse contour analysis, thermodilution and their limitations
  - 1.2. Handling a PiCCo, pulmonary arterial catheter
  - 1.3. ScO2, SvO2
  - 1.4. Echocardiography
- 2. Basics of artificial respiration
  - 2.1. Non-invasive/invasive
  - 2.2. Oxygenation parameters, oxygen transport and relevant pathophysiology
  - 2.3. Artificial respiration in common conditions: ARDS, COPD, head injury
- 3. Basics of nutrition
  - 3.1. Energy requirements of the critically ill
  - 3.2. Enteral vs. parenteral
- 4. Basics of renal replacement therapy
  - 4.1. Haemodialysis vs. haemofiltration
  - 4.2. Intermittent vs. continuous
  - 4.3. Anti-coagulation
- 5. Participation in the preparation of a therapy concept for chronic, non-malignant pain
- 6. Participation in the therapy of post-operative pain in in-patients
- 7. Participation in the programming of PCA pumps

# 4. Information on verification of performance, on-going assessments

# 4.1 The following aspects can be assessed in the Mini-CEX:

- 1. Taking a pre-operative medical history
- 2. Explaining to patients about interventions (central venous catheter, thoracic drain) and anaesthesia procedures
- 3. Registering a patient for an examination
- 4. Identification of possible risk factors for the planned anaesthesia management
- 5. Assessment of the perioperative fluid/blood balance and electrolyte loss as well as prescribing their replacement
- 6. Selection of anaesthesia procedure

This list can be expanded accordingly.

# 4.2 The following skills can be assessed in the DOPS

- 1. Mask ventilation
- 2. Intubation
- 3. Positioning a permanent cannula
- 4. Positioning a gastric tube
- 5. Positioning a bladder catheter in a man/woman
- 6. Handling a central venous catheter
- 7. Taking blood from an artery

This list can be expanded accordingly.